




An education obtained with money is worse than no education at all.

~ Socrates

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AZ QUOTES

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## What's New at AIMRI

**EFFISM**  
EDUCATION FUTURE FOCUS INSTITUTE MANAGEMENT

LIVE **Zoom** WEBINAR

# Edutalks

**IS THE GLOBAL EDUCATION SECTOR FUTURE READY?**

**DR. S GURUMADHVA RAO**  
President  
RAK Medical & Health Sciences University (RAKMHSU)

**DR. SOHAN ROY**  
CEO  
Aries Group of Companies

**15TH AUGUST 2020 (SATURDAY)**  
05:30 PM (JAE) | 07:00 PM (IST)

Free Register Now: [www.affttime.com](http://www.affttime.com)

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### AIMRI'S EDUTALKS - EDUCATION WEBINAR SERIES GARNERS HUGE RESPONSE

AIMRI in association with EFFISM has introduced its newest education webinar series - EDUTALKS. These education webinar series will focus on the current education strategies, new policies and development, opportunities and challenges of virtual education, hybrid teaching system, and the role of education institutes in keeping the socio-emotional wellness of students across the globe. The second session featured Dr. S. Gurumadhav Rao, President of RAKMHSU where he discussed on the future readiness of the global education sector and the steps which one needs to take to survive in the industry. He also discussed about the various ways institutes are copying up with the current pandemic. To hear the entire conversation visit [www.facebook.com/IndywoodTV/](http://www.facebook.com/IndywoodTV/)

# Education News across the World



## NSDC TO OFFER FREE DIGITAL EDUCATION PLATFORM FOR IBM

Technology major IBM announced its collaboration with National Skill Development Corporation (NSDC) to offer 'Open P-TECH', a free digital education platform, focused on emerging technologies and professional development skills. As a part of the collaboration, IBM will curate online courses from Open P-TECH platform and offer it to users via NSDC's eSkill India portal to ensure that Indian youth have relevant skills. The open P-TECH (Pathways to Technology Early College High School) platform was launched in India in March 2020 to equip young learners and educators with foundational technology competencies and emerging areas of technology. As a concept, P-Tech was first launched by IBM in 2011 in Brooklyn as a brick-and-mortar model. Balachandran said that the open P-Tech was to ensure that these learning modules have a wider reach. Under the partnership, IBM will catalogue its 30 plus Open P-TECH courses on eSkill India portal, with more than 60 hours of learning, as a knowledge partner.. **Source: Money Control**

## HIMA DAS NAMED IN COMMITTEE FOR IMPLEMENTATION OF NEW EDUCATION POLICY

Indian sprinter Hima Das has been named in a 73-member committee that would work towards the framing and implementation of education policy in Assam. According to the Guwahati Plus, scientist Uddhab Bharali and General Secretary of Assam Cricket Association Devajit Lon Saikia have also been selected as members in the committee. Education Minister Himanta Biswa Sarma said that the committee members have been selected taking into consideration the local and global needs of the country. The Minister has also informed that the panel will be divided into several sub-groups to study and analyze the revolutionary policy and decide upon its implementation. Sarma also said that the New National Education Policy 2020 (NEP) which was approved by the Union Cabinet on July 29 has a liberal approach towards revolutionising the education system

**Source: The Logical Indian**



## EDUCATION MINISTER RELEASES GUIDELINES FOR STUDENTS LEARNING

Union Education Minister Ramesh Pokhriyal 'Nishank' on Wednesday released the Students' Learning Enhancement Guidelines through a virtual medium. The Minister also mentioned that during the present-day pandemic of COVID-19, institutions under the Ministry of Education have been working together in an attempt to take school education to children at home through digital means. NCERT has also prepared Students' Learning Enhancement Guidelines on the direction of the Ministry of Education for the present and post-pandemic situation. The Minister said that these guidelines are suggested for the following three types of situations. Firstly, where students do not have any digital resources. Second, in which students have limited digital resources available and Lastly, where students have digital resources available for online education. **Source: Hindustan Times**





# 5 COVID-19 PARENTING

## Keep Calm and Manage Stress

This is a stressful time. Take care of yourself, so you can support your children.

### You are not alone

Millions of people have the same fears as us. Find someone who you can talk to about how you are feeling. Listen to them. Avoid social media that makes you feel panicked.

### Take a break

We all need a break sometimes. When your children are asleep, do something fun or relaxing for yourself. Make a list of healthy activities that YOU like to do. You deserve it!

### Listen to your kids

Be open and listen to your children. Your children will look to you for support and reassurance. Listen to your children when they share how they are feeling. Accept how they feel and give them comfort.



### Take a Pause

1-minute relaxation activity that you can do whenever you are feeling stressed or worried

- Step 1: Set up
  - Find a comfortable sitting position, your feet flat on the floor, your hands resting in your lap.
  - Close your eyes if you feel comfortable.
- Step 2: Think, feel, body
  - Ask yourself, "What am I thinking now?"
  - Notice your thoughts. Notice if they are negative or positive.
  - Notice how you feel emotionally. Notice if your feelings are happy or not.
  - Notice how your body feels. Notice anything that hurts or is tense.

- Step 3: Focus on your breath
  - Listen to your breath as it goes in and out.
  - You can put a hand on your stomach and feel it rise and fall with each breath.
  - You may want to say to yourself "It's okay. Whatever it is, I am okay."
  - Then just listen to your breath for a while.
- Step 4: Coming back
  - Notice how your whole body feels.
  - Listen to the sounds in the room.
- Step 5: Reflecting
  - Think 'do I feel different at all?'
  - When you are ready, open your eyes.

Taking a Pause can also be helpful when you find your child is irritating you or has done something wrong. It gives you a chance to be calmer. Even a few deep breaths or connecting with the feeling of the floor beneath can make a difference. You can also Take a Pause with your children!

For more information click below links:

- Parenting tips from WHO
- Parenting tips from UNICEF
- In worldwide languages
- EVIDENCE-BASE



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